

BASE CAMP BJJ CLASS SCHEDULE

EFFECTIVE MARCH 9, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ADULT GI OPEN MAT WITH CHARLEY 6:00 – 7:00 AM	ADULT – GI 6:00 – 7:00 AM ADULT – GI 12:30 – 1:30 PM	ADULT – NO GI 6:00 – 7:00 AM	ADULT – GI 6:00 – 7:00 AM ADULT – GI 12:30 – 1:30 PM	ADULT – GI 6:00 – 7:00 AM ADULT OPEN MAT WITH TREVOR 12:30 – 1:30 PM	ADULT OPEN MAT 9:00 – 10:00 AM	TAEKWONDO 8+ YRS OLD 5:30 – 6:45 PM
LITTLE KIDS – GI 4-8 YRS OLD 3:30 – 4:15 PM	LITTLE KIDS – GI 4-8 YRS OLD 3:30 – 4:15 PM	LITTLE KIDS – GI 4-8 YRS OLD 3:30 – 4:15 PM	LITTLE KIDS – GI 4-8 YRS OLD 3:30 – 4:15 PM			
BIG KIDS – GI 9 – 14 YRS OLD 4:15 – 5:15 PM	BIG KIDS – GI 9 – 14 YRS OLD 4:15 – 5:15 PM	BIG KIDS – GI 9 – 14 YRS OLD 4:15 – 5:15 PM	BIG KIDS – GI 9 – 14 YRS OLD 4:15 – 5:15 PM			
ADULT – GI 5:30 – 7:00 PM	ADULT – GI 5:30 – 6:30 PM *WRESTLING* 6:30 – 7:30P	ADULT – NO GI 5:30 – 6:30 PM	ADULT – GI 5:30 – 6:30 PM *WRESTLING* 6:30 – 7:30P			

**** VISITORS AND NEW STUDENTS: PLEASE CONTACT WOODY AT (469) 328-9664 PRIOR TO DROPPING IN ****

WRESTLING IS FOR AGES 12+ UNLESS APPROVED BY WOODY OR COACH DANA